

EBPAS[©] Gregory A. Aarons, Ph.D.

Aarons, G. A. (2004). Mental health provider attitudes toward adoption of evidence-based practice: The Evidence-Based Practice Attitude Scale. *Mental Health Services Research*, 6(2), 61-74.

Fill in the circle indicating the extent to which you agree with each item using the following scale:

0 Not at All	1 To a Slight Extent	2 To a Moderate Extent	3 To a Great Extent	4 To a Very Great Extent	
	0	1	2	3	4
1. I like to use new types of therapy/interventions to help my clients.....	☐	☐	☐	☐	☐
2. I am willing to try new types of therapy/interventions even if I have to follow a treatment manual.....	☐	☐	☐	☐	☐
3. I know better than academic researchers how to care for my clients.....	☐	☐	☐	☐	☐
4. I am willing to use new and different types of therapy/interventions developed by researchers.....	☐	☐	☐	☐	☐
5. Research based treatments/interventions are not clinically useful.....	☐	☐	☐	☐	☐
6. Clinical experience is more important than using manualized therapy/treatment.....	☐	☐	☐	☐	☐
7. I would not use manualized therapy/interventions.....	☐	☐	☐	☐	☐
8. I would try a new therapy/intervention even if it were very different from what I am used to doing.....	☐	☐	☐	☐	☐
For questions 9-15: If you received training in a therapy or intervention that was new to you, how likely would you be to adopt it if:					
9. it was intuitively appealing?.....	☐	☐	☐	☐	☐
10. it “made sense” to you?.....	☐	☐	☐	☐	☐
11. it was required by your supervisor?.....	☐	☐	☐	☐	☐
12. it was required by your agency?.....	☐	☐	☐	☐	☐
13. it was required by your state?.....	☐	☐	☐	☐	☐
14. it was being used by colleagues who were happy with it?.....	☐	☐	☐	☐	☐
15. you felt you had enough training to use it correctly?.....	☐	☐	☐	☐	☐

Evidence-Based Practice Attitude Scale (EBPAS)©
Items, Factor Loadings, Chronbach's Alphas, and Scoring

Reference:

Aarons, G. A. (2004). Mental health provider attitudes toward adoption of evidence-based practice: The Evidence-Based Practice Attitude Scale. *Mental Health Services Research*, 6(2).

Item #	Scale	Factor Loading	Alpha
Scale 1: Requirements			.90
12	Agency required	.99	
11	Supervisor required	.88	
13	State required	.78	
Scale 2: Appeal			.80
10	Makes sense	.89	
9	Intuitively appealing	.83	
14	Colleagues happy with therapy	.56	
15	Enough training	.55	
Scale 3: Openness			.78
2	Will follow a treatment manual	.61	
4	Will try therapy/interventions developed by researchers	.81	
1	Like to use new therapy/interventions	.62	
8	Would try therapy/interventions different than usual	.66	
Scale 4: Divergence			.59
5	Research based treatments/interventions not useful	.65	
7	Would not use manualized therapy/interventions	.76	
6	Clinical experience more important	.42	
3	Know better than researchers how to care for clients	.34	
EBPAS Total			.77

SCORING THE SCALES

The score for each subscale is created by computing a mean score for each set of items that load on a given subscale. For example, items 11, 12, and 13 constitute Scale 1. If there is missing data in your data set, computing means may be done allowing for one fewer items than make up the scale.

COMPUTING THE TOTAL SCORE

Only for the total score (not the individual scale scores), items from subscale 4 (Divergence) **must be reverse scored** and the subscale score recomputed. After the reverse scoring is complete, then a mean of the scale scores may be computed to yield the mean score for the total EBPAS.

You may contact Dr. Aarons by email at: gaarons@ucsd.edu